

Laura Santtini Gold Leaf and Silver Leaf Food Bling

Laura Santtini's alchemy, the Easy Tasty Magic range, has spicy rubs for meats with louché titles like On The Game and Carnal Sin. Her Food Bling of edible gold leaf should be added to champagne or sprinkled over Christmas pud. Kitchen couture at its best. £2.99 to £15.99. Tel: 0800 123 400. www.selfridges.co.uk



In Season Lost Malawi Tea

'They don't want to stay poor just to produce cheap tea,' says Henrietta Lovell in a video of a tea garden on Thyolo Mountain in Malawi. Fed up with getting hammered in price, the farmers on this estate instead focus on quality. Rare Tea Company founder Lovell says: 'The average buyer's priority is price then colour, infusion time and flavour.' Instead, these farmers craft tea our grandparents would have enjoyed. £6.50, 50g makes 50 to 100 cups. www.rareteacompany.com

Sacred Gin

With the gin renaissance in its element, why not bestow your foodie beau with an unusual and celebrated juniper-based beverage from a micro distillery? Sacred Gin in Highgate has made only a few thousand rare bottles but Ian Hart, the distiller, is winning acclaim galore among chefs and drinks pundits. £29.95, 70cl bottles. Tel: 020 8340 0992. www.sacredspiritscompany.com



Good Taste
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Shake it, shake it, baby now